COVID-19 Additional Considerations Risk Assessment Form

Always start your planning process by reviewing the latest guidance from British Triathlon: <https://www.britishtriathlon.org/covid-19/coaching> Please note the guidance has variation across England, Scotland and Wales.

| **Location & Description of Hazard:** | **People at Risk:** | **Level of Risk** (High/Medium/Low): | **Advice Required:** (from whom) | **Action(s) to Mitigate/ Remove Risk:** | **Person responsible for resolution:** | **Residual Risk:** After resolution | **Dates Reviewed** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Social distancing | All | Likelihood: Low  Impact:  medium | No  Yes  If yes, who: | *Ensure large open area to train.*  *Avoid any activities that brings participants in close proximity or sharing equipment.*  *Maintain social distancing* | Group coordinator  All participants | Likelihood: Low  Impact: Low | 23.7.20  11.9.20  9.10.20  7.12.20  23.3.21 |
| equipment | All | Likelihood: Low  Impact:  Low | No  Yes  If yes, who: | *Have a no touch/sharing policy equipment. Sanitise hands between handling any borrowed equipment* | All participants | Likelihood: Low  Impact: Low | 23.7.20  11.9.20  9.10.20  7.12.20  23.3.21 |
| Access points (gates/ barriers etc) | All | Likelihood: Medium- forest gates  Impact:  Low | No  Yes  If yes, who: | *Open gates, cross stiles without touching with hands where possible, sanitise hands if touching unavoidable* | All participants | Likelihood: Medium  Impact: Low | 23.7.20  11.9.20  9.10.20  7.12.20  23.3.21 |
| Other users- If public areas you may not have any control of other users- | All | Likelihood: High  Impact:  Low | No  Yes  If yes, who: | *Ensure social distancing in public spaces* | All participants | Likelihood: High  Impact: Low | 23.7.20  11.9.20  9.10.20  7.12.20  23.3.21 |
| Method of travel for coach and participants to the session. |  | Likelihood: Low  Impact:  Low | No  Yes  If yes, who: | *Check parking availability* | All participants | Likelihood: Low  Impact: Low | 23.7.20  11.9.20  9.10.20  7.12.20  23.3.21 |
| Permissions to use area | N/A | Likelihood:  Impact: | No  Yes  If yes, who: | *Do you have permission to use the area- some parks have specific bye laws- or may have additional restrictions* |  | Likelihood:  Impact: |  |

Risk Assessment Form Part 2

| **Location & Description of Hazard:** | **People at Risk:** | **Level of Risk** (High/Medium/Low): | **Advice Required:** (from whom) | **Action(s) to Mitigate/ Remove Risk:** | **Person responsible for resolution:** | **Residual Risk:** After resolution | **Dates Reviewed** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Participant health and ability to exercise | All | Likelihood: medium  Impact:  High | No  Yes  If yes, who: | *Self assessment based on health questionnaire* | Participants | Likelihood: Low  Impact: medium | 23.7.20  11.9.20  9.10.20  7.12.20  23.3.21 |
| PPE for coach & participants | N/A | Likelihood:  Impact: | No  Yes  If yes, who: | *The coach should check latest guidance on this- in some cases this will be personal choice.* |  | Likelihood:  Impact: |  |
| Hand washing | All | Likelihood: Medium  Impact:  High | No  Yes  If yes, who: | *All participants to bring hand sanitiser to use if hand washing unavailable* | All | Likelihood: Low  Impact: Low | 23.7.20  11.9.20  9.10.20  7.12.20  23.3.21 |
|  |  | Likelihood:  Impact: | No  Yes  If yes, who: |  |  | Likelihood:  Impact: |  |
|  |  | Likelihood:  Impact: | No  Yes  If yes, who: |  |  | Likelihood:  Impact: |  |
|  |  | Likelihood:  Impact: | No  Yes  If yes, who: |  |  | Likelihood:  Impact: |  |