COVID-19 Additional Considerations Risk Assessment Form

Always start your planning process by reviewing the latest guidance from British Triathlon: <https://www.britishtriathlon.org/covid-19/coaching> Please note the guidance has variation across England, Scotland and Wales.

| **Location & Description of Hazard:** | **People at Risk:** | **Level of Risk** (High/Medium/Low): | **Advice Required:** (from whom) | **Action(s) to Mitigate/ Remove Risk:** | **Person responsible for resolution:** | **Residual Risk:** After resolution | **Dates Reviewed** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Social distancing  | All  | Likelihood: LowImpact:medium |  No YesIf yes, who: | *Ensure large open area to train.* *Avoid any activities that brings participants in close proximity or sharing equipment.**Maintain social distancing* | Group coordinatorAll participants | Likelihood: LowImpact: Low | 23.7.2011.9.209.10.207.12.2023.3.21 |
| equipment | All | Likelihood: LowImpact:Low |  No YesIf yes, who: | *Have a no touch/sharing policy equipment. Sanitise hands between handling any borrowed equipment* | All participants | Likelihood: LowImpact: Low | 23.7.2011.9.209.10.207.12.2023.3.21 |
| Access points (gates/ barriers etc)  | All | Likelihood: Medium- forest gates Impact:Low |  No YesIf yes, who: | *Open gates, cross stiles without touching with hands where possible, sanitise hands if touching unavoidable* | All participants | Likelihood: MediumImpact: Low | 23.7.2011.9.209.10.207.12.2023.3.21 |
| Other users- If public areas you may not have any control of other users- | All | Likelihood: High Impact:Low |  No YesIf yes, who: | *Ensure social distancing in public spaces* | All participants | Likelihood: HighImpact: Low | 23.7.2011.9.209.10.207.12.2023.3.21 |
| Method of travel for coach and participants to the session. |  | Likelihood: LowImpact:Low |  No YesIf yes, who: | *Check parking availability*  | All participants | Likelihood: LowImpact: Low | 23.7.2011.9.209.10.207.12.2023.3.21 |
| Permissions to use area  | N/A | Likelihood: Impact: |  No YesIf yes, who: | *Do you have permission to use the area- some parks have specific bye laws- or may have additional restrictions*  |  | Likelihood: Impact:  |  |

Risk Assessment Form Part 2

| **Location & Description of Hazard:** | **People at Risk:** | **Level of Risk** (High/Medium/Low): | **Advice Required:** (from whom) | **Action(s) to Mitigate/ Remove Risk:** | **Person responsible for resolution:** | **Residual Risk:** After resolution | **Dates Reviewed** |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Participant health and ability to exercise | All | Likelihood: mediumImpact:High |  No YesIf yes, who: | *Self assessment based on health questionnaire* | Participants | Likelihood: LowImpact: medium | 23.7.2011.9.209.10.207.12.2023.3.21 |
| PPE for coach & participants  | N/A | Likelihood: Impact: |  No YesIf yes, who: | *The coach should check latest guidance on this- in some cases this will be personal choice.*  |  | Likelihood: Impact:  |  |
| Hand washing  | All | Likelihood: MediumImpact:High |  No YesIf yes, who: | *All participants to bring hand sanitiser to use if hand washing unavailable* | All  | Likelihood: LowImpact: Low | 23.7.2011.9.209.10.207.12.2023.3.21 |
|  |  | Likelihood: Impact: |  No YesIf yes, who: |  |  | Likelihood: Impact:  |  |
|  |  | Likelihood: Impact: |  No YesIf yes, who: |  |  | Likelihood: Impact:  |  |
|  |  | Likelihood: Impact: |  No YesIf yes, who: |  |  | Likelihood: Impact:  |  |